

# Green Mondays

— REDUCE YOUR CARBON FOOTPRINT! —

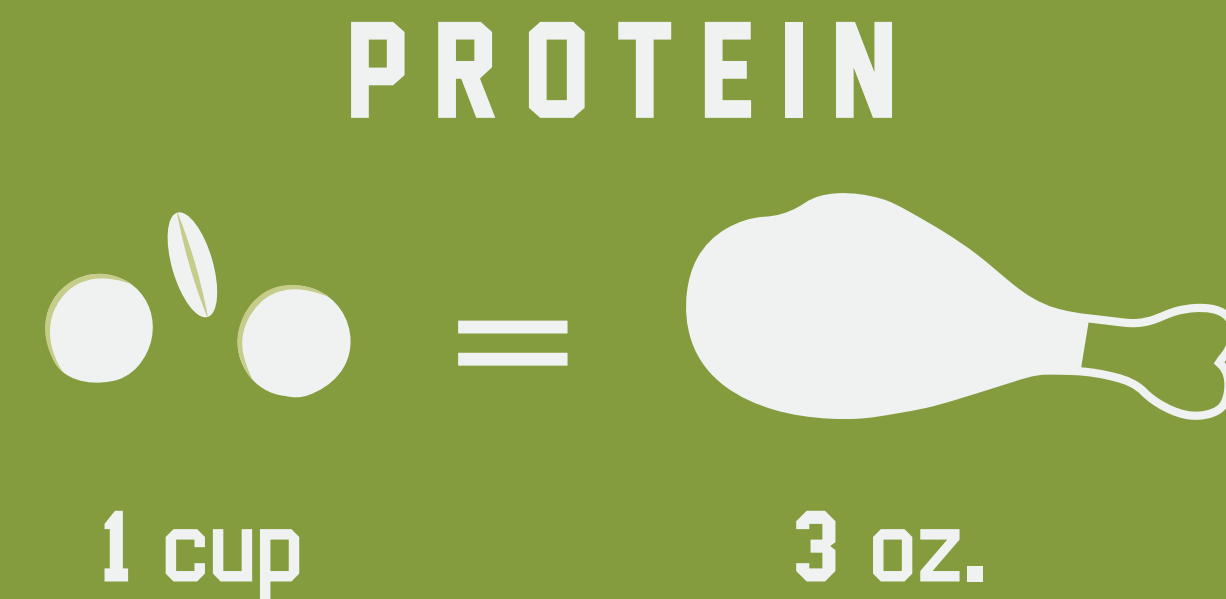
Every Monday, one station at each dining hall serves non-meat options during lunch and dinner to promote sustainable eating.

Look for our sustainable food options labeled with: 



**THE LIVESTOCK INDUSTRY ACCOUNTS FOR 14.5% of global greenhouse gas emissions — MORE THAN ANY OTHER INDUSTRY.**

ONE CUP OF LENTILS contains the same amount **OF PROTEIN AS** 3 OUNCES OF CHICKEN.



Eliminating meat from **ONE MEAL** saves enough water FOR SOMEONE TO DRINK FOR **AN ENTIRE YEAR.**

